



SKIN STUDIO KC

1150 West 81st Street, Suite 100
Kansas City, MO 64114
amy@skinstudiokc.com
(816) 729-5324



Microchannelling Pre-Treatment Instructions

1. If you get cold sores regularly, taking acyclovir or valacyclovir starting one day prior to your microchannelling will reduce the likelihood of a breakout due to your treatment.
2. Discontinue retinol (2% or higher) or tretinoin at least 3 days prior to treatment.
3. For your first treatment, (and treatments at .25mm in general) numbing cream is typically not necessary, and you can expect mild redness and swelling, and a tight, warm sensation for between 4 & 24 hours.
4. Subsequent treatments with longer needle lengths may require topical numbing cream, and can produce redness and swelling along with tiny flecks of redness for between 4 & 72 hours.
5. If your liver, kidneys and immune system are healthy, taking an NSAID such as Ibuprofen 2 hours before treatment may reduce any discomfort.
6. If you are being treated with PRP or PRF, drink an extra 24-32 oz of water for two to three days prior to treatment.
7. If possible, please arrive at the office without makeup on, and with a clean (and, for men, a clean shaven) face.
8. If you've had Botox, fillers or threads injected, you must wait at least two weeks before getting microchannelling. And you must be satisfied with the results of those treatments before we can offer you any other treatments.



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Microchannelling Post-Treatment Instructions

1. You will be given an anti-aging hydrating mask along with your Image Skincare post-kit. Please apply the products in your kit that evening, making sure to keep the mask on for at least 5 minutes.
2. Preferably no other products are applied until the following day (although, technically, it is safe to apply products and makeup after about 2 hours).
3. Avoid exposure to pet dander and other irritants as best you can. You may experience a mild allergic reaction to pets and other things you typically do not react to within the first 24 hours.
4. Your skin may feel hot and tight, like a mild sunburn. **Moisturize often**, and you may apply a cool damp washcloth as desired.
5. For your first treatment, (and treatments at .25mm in general) you can expect mild redness and swelling, and a tight, warm sensation for between 4 & 24 hours.
6. Subsequent treatments, or those with longer needle lengths may produce redness and swelling along with tiny flecks of redness for between 4 & 72 hours. (These are easily covered with a quality mineral makeup).
7. Mild skin sloughing may occur for a few days after treatment.
8. Mild acne and milia can occur in **rare** cases. Don't pick and they'll go away in a few days.
9. Trans epidermal water loss is a common temporary side effect and could leave you feeling dry through the first week. Keep the recommended moisturizer with you during the day and apply as frequently as necessary to avoid a dry sensation. The more you moisturize the better your results will be.
10. Please continue daily application of your Image Skincare post-kit and other skincare products as discussed with your esthetician.
11. Return for a follow-up treatment in about a month or as recommended.
12. If prolonged irritation occurs, please **email** or **call** our office.